Thrive Together Workbook

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Introduction

If you’ve ever felt pressure from a crowded local market or wondered how you’ll stand out as more instructors enter the stage, you’re not alone. As mah jongg continues to grow in popularity, so does the number of passionate teachers who offer their own unique spin on the game. And while that growth is exciting, it can also feel overwhelming—like there’s not enough space, attention, or opportunity to go around.

This workbook is your guide to flipping that script.

Instead of seeing fellow instructors as competition, you’ll learn to see them as creative allies in a thriving local ecosystem. *Thrive Together* is more than a workshop—it’s an invitation to explore what’s possible when you move from a scarcity mindset to one grounded in trust, clarity, and connection.

You’ll uncover what makes your approach to mah jongg truly special, identify the students who are best served by your style, and explore meaningful ways to collaborate that benefit everyone involved—including your community. Through honest reflection, practical planning, and real-world examples, you’ll discover how to build with others, not in spite of them.

Inside, you’ll find:

* Tools to assess alignment with potential collaborators
* Prompts to reflect on your strengths and unique teaching identity
* A scorecard and safeguards to protect your time and energy
* Inspiration from fellow instructors who’ve made collaboration work
* Ideas for co-hosting events, marketing together, and sharing the teaching load

Whether you're feeling squeezed by other instructors nearby or simply curious about building bridges, this workbook will help you move forward with confidence and clarity.

There *is* enough room for all of us.

Let’s grow together, not alone.

Opening Reflection  
What worries you about a crowded instructor market?

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The market isn’t saturated, it’s diverse. When you lean into your unique strengths and style, you’ll naturally attract the players who are the best fit for you. Others will do the same. There’s plenty of room.

Discovering Your Niche

When a market feels crowded—like multiple mah jongg instructors in the same area—trying to be a generalist (teaching everyone the same way) often leads to getting overlooked. A **niche** strategy is more effective because:

**A niche helps you stand out.**

Instead of blending in with every other instructor offering “mah jongg classes,” you become known for something specific—like teaching beginners with anxiety, hosting themed events, or specializing in strategy workshops.

**Niche marketing attracts your ideal students.**

When your message speaks directly to a specific group, they’re more likely to say, “*That’s exactly what I’ve been looking for.*”

**People trust specialists more than generalists.**

In saturated markets, people want instructors who meet their exact needs, not a one-size-fits-all experience.

**Less competition, more connection.**

Your niche sets you apart instead of putting you in direct competition with every other instructor. It opens doors to **collaboration** instead of comparison.

# Differentiator Inventory

Who do I love to teach?

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What makes my teaching unique?

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What do students often compliment me on?

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What kinds of events light you up?

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What are your non-mah jongg strengths (tech, organizing, humor, etc.)?

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My niche statement:

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| I’m the instructor who |

In crowded markets, the instructor who serves a specific audience deeply will outperform the instructor who tries to serve everyone broadly. Your niche is your superpower.

Differentiate yourself and reduce perceived competition by serving a specific audience.

**By Audience**

* Absolute beginners (first-timers or those overwhelmed by the card)
* Seniors or retirees (slower pace, memory support, social connection)
* Younger players (millennials/gen Z or intergenerational classes)
* Busy professionals (short, focused lessons with flexible scheduling)
* Neurodivergent learners (OCD, ADHD, anxiety-friendly instruction)
* Caregivers or parents (stress relief, social interaction)
* Jewish cultural or historical context (mah jongg & tradition)
* Asian-American heritage learners (linking to family traditions)
* Multilingual learners (bilingual or ESL-friendly instruction)

**By Learning Style or Format**

* Visual learners (diagrams, video-based content, color-coded tools)
* Kinesthetic learners (hands-on practice, tactile cues)
* Game-focused learners (minimal lecture, maximum play time)
* Coaching-style lessons (one-on-one or small group mentoring)
* Self-paced learners (recorded classes or printed guides)
* Virtual-only (Zoom-friendly or hybrid formats)
* In-person exclusives (live games, potlucks, themed events)

**By Theme or Specialty**

* Mah jongg for Mindfulness (slower, reflective play)
* Mah jongg for Mental Fitness (brain training & memory games)
* Competitive prep (tournament strategy, scorecard mastery)
* Social game hosting (teaching + event planning)
* Creative play (fun variations, themed sets, jokers & quirks)
* Rules refresher/re-entry track (for returning players)
* Card decode & category mastery (deep dives into card structure)

**By Community Impact or Mission**

* Mah jongg for charity / fundraising (event-based instruction)
* Mah jongg in senior living / assisted living communities
* Mah jongg for connection & grief support
* Teaching mah jongg as a family tradition or legacy

**Combine & Customize Formula**

Many strong niches come from combining **audience + format + value**.

* I offer intergenerational mah jongg classes to help families connect through play.
* I coach returning players who want a refresher and a judgment-free space to rebuild skills.
* I teach mah jongg for brain health, focusing on strategy and memory games for active seniors.
* I create themed mah jongg game nights for women’s groups, clubs, and social circles.
* I specialize in private lessons for couples who want to learn together and play as a team.
* I teach competitive players how to read opponents and sharpen their defensive play.

Craft a clear, compelling niche statement that highlights your audience, format, and unique value to help students quickly understand what you offer—and why you’re the right instructor for them.

Here is the niche formula:

I help [audience] learn mah jongg [format or setting] with a focus on [value or outcome].

**Audience Niche**

Who do you most want to serve (e.g., anxious beginners, busy professionals, seniors, returning players, families, tournament hopefuls)?

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**Format or Setting**

How do you deliver your instruction (e.g., via Zoom, in small groups, one-on-one, self-paced video, themed events, quiet classes, interactive workshops)?

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**Value or Outcome**

What’s the result or special experience you provide (e.g., building confidence, promoting connection, improving strategy, creating a safe learning space, stress relief, brain fitness)

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**Build Your Statement**

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| I help [audience] learn mah jongg [format or setting] with a focus on [value or outcome]. |

# Understanding Partnership vs. Collaboration

While both partnerships and collaborations involve working together toward shared goals, they differ significantly in commitment, risk, structure, and expectations. Partnerships tend to involve long-term, formal agreements, shared decision-making, and a deeper level of mutual accountability. Collaborations, on the other hand, are typically short-term, project-based alliances that offer flexibility and creative exchange without the legal or financial entanglements of a partnership.

**Part 1: Definitions**

In your own words, write what each term means to you:

**Partnership:**

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**Collaboration:**

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**Part 2: Examples**

List one example from your practice or experience for each:

**A Partnership I’ve had or imagine:**

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**A Collaboration I’ve had or imagine:**

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**Part 3: Key Differences**

Reflect on these questions and jot down your thoughts:

How is the level of commitment different?

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How are risk and responsibility shared?

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Are goals typically more aligned or flexible?

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What kind of communication is needed in each?

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**Part 4: Choosing What Fits You**

When might a partnership be better for your practice?

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When might collaboration be more effective?

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How can knowing this help you build stronger practice relationships?

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# Vetting Collaborations

**Why Vetting Matters**

Collaboration can be one of the most rewarding and strategic parts of running a mah jongg practice—but only if it’s built on mutual respect, clear expectations, and shared values.

When we skip the vetting step, we risk more than just a mismatched work style—we put our time, reputation, and student experience on the line. Even good-hearted people with the best of intentions can create tension or confusion if their communication, standards, or follow-through don’t align with yours.

Vetting isn’t about judgment about fit. It’s how we make sure a collaboration will actually feel collaborative, and not like a rescue mission, a lopsided workload, or a source of unnecessary stress.

By taking a little time to observe, ask thoughtful questions, and test the waters, you can save yourself a lot of future friction—and instead, build partnerships that are energizing, aligned, and built to last.

That’s why this workbook includes a simple vetting process—so you can move forward with clarity and confidence. Use the following prompts to observe how someone shows up in their teaching, communication, and overall work ethic. These tools aren’t about gatekeeping—they’re about protecting your time, your energy, and your standards.

Whether you're considering a one-time project or an ongoing collaborative relationship, this process helps you trust your instincts, spot red flags early, and move forward only when it feels like a good fit for *both* of you.

What qualities do I look for in a collaborator (e.g., reliability, communication, shared values)?

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What red flags or warning signs have I noticed in past collaborations?

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How do I usually find out if someone is a good fit to collaborate with (e.g., conversations, past work, references)?

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What questions could I ask upfront to better understand a potential collaborator?

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What boundaries or deal breakers do I want to be clear about before collaborating?

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How comfortable am I with saying “no” or stepping back if a collaboration isn’t a good fit?

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What support or tools would help me feel more confident about collaboration decisions?

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Use this process to evaluate potential collaborators thoughtfully and systematically. Trust your instincts, look for alignment, and protect your energy and reputation.

1. Conduct Due Diligence

**Research:**

* Visit their **website, social media, or YouTube channel** if available.
* Observe their teaching style, tone, language, branding, and engagement.
* Watch for red flags: poor grammar, lack of clarity, vague marketing, or inconsistent messaging.

**Ask yourself:**

* Are they clear and engaging?
* Do they communicate Mah Jongg rules accurately?
* Would your audience trust them?

1. Have a Pre-Collab Conversation

**Ask these soft questions to get hard truths:**

* “Tell me about your teaching journey—what do you love most about it?”
* “What does a great Mah Jongg lesson look like to you?”
* “What are you working on right now?”
* “How do you usually handle technical stuff, promotion, or group dynamics?”

You’re listening for:

* Passion vs. ego
* Attention to detail vs. winging it
* Comfort with planning and follow-through

1. Try a Low-Stakes Test Project First

Examples:

* Co-host a casual live Q&A
* Collaborate on one short video or blog post
* Guest feature them in a newsletter
* Do a practice Zoom to review one rule or card section together

This shows:

* Timeliness
* Tech savviness
* How they collaborate (or dominate)

1. Ask About Their Systems & Experience

You can casually ask:

* “How many students have you taught?”
* “Do you use a lesson plan?”
* “What’s your favorite way to handle tough students or group confusion?”

Red flags include:

* “I just wing it”
* “I don’t really like to follow the card”
* “I mostly play, I don’t really teach full classes”

1. Use a Vetting Scorecard (Optional but Powerful)

Rate them from 1–5 on the following (just for yourself):

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| --- | --- | --- |
| **Category** | **Score (1–5)** | **Notes** |
| Teaching skill |  | Clear, confident, knows the rules |
| Communication style |  | Respectful, engaging, collaborative |
| Reliability |  | Shows up on time, follows through |
| Tech skill/comfort |  | Zoom, Canva, YouTube, etc. |
| Audience alignment |  | Same level, region, or vibe |
| Collaboration fit |  | Easy to work with, ego in check |

Score 24–30 = Green light  
Score 18–23 = Yellow light, try low-risk projects  
Below 18 = Red light, decline

1. Do a Reputation Quiet Check

* Ask a mutual contact: “Have you ever worked with \_\_\_? How was the experience?”
* Look at reviews, tags, or past collaborative events online.

1. Use Safeguards

Create a “First Filter” Policy

Adopt a mindset like:

“I don’t commit until we’ve completed a small, no-stakes project together.”

Start with:

* A co-authored blog post
* A shared Q&A livestream
* A 15-minute recorded segment for social

This tells you how they show up in a collaborative context—without high risk.

Use a Basic Agreement—even for free collabs. It doesn’t need to be legalese. Just a plain-English written agreement (Word or email) that covers:

* Who does what
* Deadlines
* Revenue/profit split
* Cancellation terms
* What happens if one person disappears

1. Validate Their Claims

If someone says:

* “I’ve taught hundreds of people”
* “I run a community of 5,000 members”
* “I’m great with marketing”

Ask follow-up questions:

* “Where can I see some of that in action?”
* “Can you show me an example of your process or a student win?”

A legit collaborator won’t mind. A misrepresenter will pivot or deflect.

1. Check Your Intuition

Watch and listen for these red flags. If two or more of these show up early, reconsider collaboration.

* Vague about what they do or have done
* Talks negatively about past partners/students
* Always “too busy” to meet or follow up
* Doesn’t complete small commitments (like writing a bio)
* Defensive when given feedback or suggestions
* Wants to skip testing and “go big” fast
* Overpromises or inflates their reach/following
* Avoids clear convo about credit, control, or money
* Wants full control of branding/assets
* Refuses to put anything in writing

Don’t Ignore Gut Feeling!

If something feels “off” in your early conversations—vagueness, inflated ego, victim language about past partners, or subtle competitiveness—that’s not just personality. That’s data.

1. Build in Regular Reviews

If you move forward with someone, even on a good path, do monthly check-ins:

“How’s this working for you? Anything we need to change?”

**If you’re not currently using a customer relationship management (CRM) system, consider trying the Mahj Life EZ CRM Workbook, available in the digital library.**

This simple, flexible tool makes it easy to track potential collaborators, partnership ideas, and follow-ups—all in one place. It’s designed to help you stay organized, nurture meaningful connections, and turn great ideas into real collaborations, without the complexity of full-scale CRM software.

Collaboration Declines with Grace

You don’t owe anyone your time or energy just because they seem eager or likable. Your brand, reputation, and emotional well-being matter. You’ve already earned the right to say, “This doesn’t feel like the right fit for me right now.”

**Declining a New Collab (Kind + Clear)**

“I really appreciate you thinking of me, and I’m honored you’d want to work together. Right now, I’m prioritizing a few key projects, so I’m not able to commit to new collaborations. Wishing you all the best in whatever you create!”

**Declining a New Collab (Direct)**

“Thanks for sharing your idea with me. I’ve given it some thought and I don’t think this is the right fit for me. I want to be clear early so you can move forward with your project and I wish you great success!”

**Exiting an Ongoing Collab**

“After reviewing our progress, I’ve realized that this project isn’t aligning with where I need to focus. It’s been good working together, but I need to step back. I’ll make sure to wrap up my part cleanly so you can continue without disruption.”

Collaboration References with Integrity

This guide can help you respond professionally when asked to give a reference about a past or potential collaborator.

**General Guidelines**

* Speak only from your **direct experience**.
* Avoid **personal, financial, or medical information**.
* Don’t share **hearsay** or speculation.
* Stay **honest, neutral, and respectful**—even if the experience was challenging.
* You are **never obligated** to give a reference.

**Don’t Share Personal or Financial Info**

Even if you know someone well:

* **Avoid**: talking about income, family issues, health, or private matters they didn’t make public.
* **Do**: Stick to work habits, professionalism, and collaboration behavior.

**Stick to What You’ve Personally Observed**

Only speak about:

* Collaborations *you’ve been involved in*
* Interactions *you directly experienced*
* Behavior *you’ve consistently observed over time*

“We worked on a card workshop together, and she was always prepared and communicated clearly.”

“I heard she left another instructor hanging in a different collab.”

**Honest but Professional (if it wasn’t a good fit)**

* “There were some challenges with follow-through that made the collaboration difficult.”
* “The experience wasn’t the right fit for my working style, though others may feel differently.”
* “Communication wasn’t always smooth, so I’d recommend setting clear expectations upfront.”

**Safe, Supportive Phrases (Positive Reference)**

* “We worked together on [project], and I found them very professional and reliable.”
* “They were prepared, communicative, and easy to work with.”
* “They followed through and brought great ideas to the table.”
* “I’d happily work with them again if the right opportunity came up.”

**Neutral or Careful Responses**

* “I’ve only had limited experience working with them, so I can’t speak in depth.”
* “I don’t feel I’m the best person to provide a reference in this case.”
* “We worked together briefly. I’d recommend doing a small project first to see if it’s a fit.”

**Avoid Defamation or “Gossip Framing”**

Even when you’ve had a negative experience, frame it truthfully and neutrally.

**Instead of saying:**  
“She was a nightmare to work with.”

**Try:**  
“In our collaboration, there were some challenges with follow-through and clarity. It wasn’t the right fit for my working style.”

You can be honest without being harmful.

**Say “No” If You’re Uncomfortable**

You’re never obligated to give a reference, especially if it puts you in an awkward spot.

You can say:

“I don’t feel I’ve worked closely enough with them to give a fair reference.”

“I’ve had limited experience, so I’d rather not influence your decision either way.”

**If You’re Giving a Positive Reference**

Great! Be specific:

* What was the collaboration?
* What strengths did they bring?
* Would you work with them again?

Example:

“We co-hosted a series of live Q&As and she brought great energy and attention to detail. She was organized, followed through, and promoted the series well. I’d collaborate again in a heartbeat.”

**Decline to Give a Reference (Gracefully)**

“Thanks for reaching out. I’m not comfortable giving a reference in this case. I hope you understand and wish you the best in your decision.”

# Collaboration Ideas

Collaborations can not only diversify your offerings, but also model a culture of generosity, creativity, and camaraderie that’s rare in hobby-based teaching spaces. By working together in varied and meaningful ways—from co-teaching lessons to hosting socials, fundraisers, tournaments, and beyond—mah jongg instructors can expand their reach, deepen connections with students, and create richer, more engaging experiences for their communities. Whether you’re looking to share resources, build lasting connections, or simply have more fun teaching, these ideas offer a springboard to inspire fresh collaborations that benefit everyone involved.

**LESSONS & LEARNING**

1. Tag-Team Teaching— Two instructors co-lead a multi-level class, with one focused on fundamentals and the other on strategy.
2. Lesson Swap— You teach at their location one week, they teach at yours the next—fresh energy for students, and exposure for both instructors.
3. Guest Expert Series— Invite each other to deliver short segments on specialties (e.g., Charleston strategy, Riichi basics, card transitions).
4. Demo & Discuss— Run a live demonstration game together, alternating commentary and inviting students to pause and ask questions.
5. Teaching Observation Exchange— Sit in on each other’s lessons to offer feedback or get new ideas (mutually agreed upon, of course).
6. Pop-Up Coaching Pods— Create small rotating breakout groups at events or online sessions for micro-coaching moments from multiple instructors.

**SOCIAL EVENTS**

1. Instructor Mixer— Host a casual event for instructors and student groups to mingle and talk about their mah jongg journeys.
2. “Bring a Buddy” Game Night— Each instructor invites their students to bring a friend and co-host a welcoming night of open play.
3. Mahj & Mingle— co-host a light, social afternoon of themed play (e.g., Pajama Mahj, Vintage Tile Day) where students can meet each other.
4. Mahj Mixer for Newcomers— Collaborate on a low-pressure event to connect new learners across both of your teaching networks.
5. Cross-Group Tournament Warm-Up— Run a relaxed pre-tournament event for multiple player groups to practice together with light coaching.
6. Storytelling Night— Share memorable mah jongg stories and invite students to do the same. Bonus: include visuals or tile mishaps!

**FUNDRAISERS & COMMUNITY EVENTS**

1. Play for a Cause— Co-host a charity game day or mini-tournament where entry fees go to a local nonprofit.
2. Mahj Moves Mountains— Team up for a teaching marathon (lessons every hour on the hour) with proceeds donated to a shared cause.
3. Tile Donation Drive— Collect used sets for underserved groups and host a joint event to celebrate the donations.
4. Mahjong for Brain Health— Organize a fundraiser for Alzheimer’s or dementia-related charities, with themed activities and stories about mah jongg’s cognitive benefits.
5. Local Spotlight Series— Partner with a community center or library to offer free intro sessions as public outreach.

**TOURNAMENTS & COMPETITIONS**

1. Co-Directed Mini-Tournament— Share duties in a small, instructor-run event (one handles scorekeeping, the other runs rounds).
2. Themed Tournament Day— Collaborate on a seasonal event like “Spring Fling” or “Mahj Mayhem” with fun table favors and prizes.
3. Team Teaching Challenge— Each instructor coaches a team in a tournament format, cheering them on and encouraging friendly rivalry.
4. Skills Circuit— Host a progressive tournament with multiple skill stations (Charleston timing, strategy puzzles, joker discipline) led by each instructor.
5. Instructor-Led Mah Jongg League— Create a multi-week league where players meet regularly, scores are tracked over time, and prizes are awarded. Alternate hosting duties, rotate table leaders, and build community through consistency and cumulative play.

**PARTIES & CELEBRATIONS**

1. Card Reveal Party— Co-host an annual gathering when the new NMJL card is released. Include analysis, raffles, and themed décor.
2. Mahjiversary Bash— Celebrate student anniversaries or graduation from your classes with a shared game party and recognition.
3. Instructor Appreciation Event— Invite your collective students to a thank-you gathering that shows off both of your teaching styles in a fun, lighthearted way.

**CONTENT & CREATIVE PROJECTS**

1. Co-Author a Resource— Team up to write a mini guide, tip sheet, or strategy booklet for students. It could be tied to a specific topic like “Switching Hands” or “Winning Without Jokers.”
2. Joint Video Tutorials— Film short clips together—maybe one teaches, the other demos. Great for socials, websites, or email content.
3. Collaborative Newsletter— Create a monthly or seasonal “Mahj Mates Digest” that both instructors contribute to, sharing tips, event invites, or rule clarifications.
4. Podcast Episode or Panel Chat— Host a one-time or recurring conversation where you talk teaching philosophy, common player challenges, or fun behind-the-scenes moments.

**PUBLIC EVENTS & PARTNERSHIPS**

1. Library or Museum Game Day— Work with another instructor to teach and demo mah jongg in a public, high-visibility space to raise awareness and promote your programs.
2. Practice Collaboration— Co-host a game day with a local practice (tea shop, café, bookstore) where students play and the venue gets traffic—win-win!
3. Cultural Exchange Session— Teach side-by-side with instructors from other styles (e.g., American & Hong Kong) to highlight differences and celebrate the game’s diversity.

**VIRTUAL SPACES & ONLINE OPPORTUNITIES**

**Engagement & Support**

1. Ask Us Anything (AUA) Event—Host a one-time Zoom or Facebook Live where players submit questions. One instructor moderates, the other answers—then switch.
2. Virtual Office Hours (Together) —Offer a recurring drop-in session where students can ask rule questions, talk through tricky hands, or just connect casually.
3. Instructor Roundtable or Panel—Bring together 2–4 instructors for a live or recorded conversation about teaching tips, house rules, or student stories. Share with all your audiences.

**Online Play Experiences**

1. Pop-Up Practice Lounge—Host casual monthly games for students across both rosters. Rotate leadership, experiment with formats, and offer light coaching.
2. Themed Open Play Night—Add flair with a theme—like “Mahj Pajama Party” or “Card Switch Challenge.” Offer fun challenges or door prizes.
3. Virtual Mahj & Mentor Session—One instructor runs the table; the other watches quietly and provides personalized coaching afterward. Great for skill building.
4. Online Tournament or League—Run a structured competition using platforms like I Love Mahj or Mahjong Time. Divide duties: one handles scoring, one manages players.

**Co-Teaching & Learning**

1. Co-Hosted Online Lesson Series—Team-teach a short series focused on a specific topic (e.g., Joker Strategy). One leads, one demos or manages chat—then switch.
2. Virtual Demo + Discussion—Play live on-screen, pausing to explain decisions. Alternate between playing and teaching to keep it interactive.
3. Skill Swap Workshop—Each instructor leads a mini-lesson on a specialty—great for small groups, open houses, or guest nights.
4. Virtual Study Group—Create a weekly student cohort focused on building confidence in a particular area (like defense or pattern recognition).

**Resource Sharing & Creation**

1. Digital Resource Swap—Start a shared folder of visuals, exercises, or templates. Invite other instructors to contribute and benefit.
2. Resource Co-Creation—Build a branded download together—like a Charleston checklist or tournament cheat sheet. Share with both audiences.
3. Co-Created Digital Mini-Course—Build a short self-paced course like “5 Days to Read the Card.” Divide the teaching and split the value.

**Marketing & Visibility**

1. Cross-Promotion Guest Spots— Pop into each other’s classes to share a tip or demo. Quick, easy exposure for both of you and a treat for your students.
2. Instructor “Swapcast” or Takeover—Take over each other’s blog, newsletter, or social feed for a day. Share a video, lesson, or fun behind-the-scenes post.
3. Joint Facebook Challenge—Run a themed weekly challenge—“Switch Hands Sunday,” “Trivia Tuesday”—where players post screenshots or answer questions.
4. Online New Card Reveal Party—Throw a virtual celebration when the NMJL card drops. One instructor walks through the hands, the other shares strategies and games.

# Collaboration Brainstorm

Who in my area could I connect with?

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What kinds of collaborations would feel natural?

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**Action Plan**

Who will I contact?

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What will I propose?

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By when?

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# Collaboration Tracker

Use this form to stay connected, stay accountable, and grow together.

Copy and paste it into your CRM task or use it as a template to create individual files.

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| --- | --- |
| **Name** |  |
| **Teaching Style** |  |
| **Niche** |  |
| **Shared Goals** |  |

**Collaboration Ideas:**

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**Roadmap:**

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| --- | --- | --- | --- |
| **Action Item** | **Assigned To** | **Due Date** | **Status** |
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**Outcome:**

**What are my colleague’s strengths?**

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**What are my colleague’s weaknesses?**

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**What worked well?**

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**What should be done differently?**

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**How did attendees benefit?**

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**Should we collaborate again?**

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# Reflection

What surprised you during this workshop?

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What is one collaboration you're excited to pursue?

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What limiting belief did you let go of?

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